



LarsEncore

BULLETIN 74

ACTIVITY CALENDAR NOW ON WEBSITE: www.larse.ca

May, 2019

The Newsletter of the Association of Retired School Employees

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Luncheons 2019



Thursday July 25th – Marco's

82 Rue Sainte-Anne, Ste-A-de-B. 514-505-3850

Thursday August 22nd – Marco's

82 Rue Sainte-Anne, Ste-A-de-B. 514-505-3850

Friday September 27th – Rôtisserie Scores Rotisserie

444 av. Dorval, Dorval 514-636-6060

Thursday October 31st – Elixor Restaurant

3237 des Sources, DDO 514-683-7778

Thursday November 28th – Madisons Restaurant (AGM)

3000 JEAN-YVES, Kirkland 514-426-9111

Don't forget the 50/50 RAFFLE at lunch. Half goes to you if you win, and the second winner gives half to the charity of their choice.



LARSENCORE

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BREAKFAST



IS ON THE SECOND FRIDAY OF THE MONTH!
at Le Manoir, 8:30 am, on the corner of Hymus
and boulevard St-Jean in Pointe-Claire

June 14, July 12, August 9, September 13, October 11, November 8

2.

President's Address/ Message du président

L'hiver de 2019 qui nous a semblé interminable est enfin derrière nous. The seemingly-endless winter of 2019 is finally behind us.

Spring brings a big change in the way we live. We are able to spend so much more time outdoors, being active and pursuing the many interests that retirement has brought our way. Au printemps, nous bougeons dehors, nous retrouvons nos voisins et les différentes activités de la retraite.

Celles et ceux qui prendront leur retraite à la fin de 2018-19: vous allez vivre une foule d'émotions lorsque vous voyez la fin de votre carrière à l'horizon. Il y aura soulagement, tristesse, joie, épuisement, plaisir et bien d'autres. If you are retiring this year, you will find yourself experiencing many different emotions as the end of your career looms. There will be relief, sadness, delight, exhaustion, joy and many more.

Et après? Comment passer son temps libre lorsqu'on en a tant? Les membres de L'ARSE organisent et animent un grand nombre d'activités, du vélo au cercle de lecture. Lorsque vous aurez repris votre souffle, retrouvez notre bulletin et jetez-y un coup d'œil. Nos activités permettent de former de nouvelles amitiés et de découvrir de nouveaux intérêts. Et votre premier abonnement est gratuit! Vous n'avez qu'à compléter et poster le formulaire qui se trouve à la dernière page.

And then? How to spend those many free hours? L'ARSE members organize many different activities, from cycling to book clubs, that offer the opportunity to build new friendships and discover new interests. Once the dust has settled, take a few minutes to look over our newsletter to see what L'ARSE has to offer. And your first membership is free! All you need to do is fill in the form on the last page and drop it in the mail.

Retirement is a wonderful time of life! Enjoy every minute of it! Après une carrière bien remplie, la retraite est une merveille! Profitez-en pleinement!

SOMETHING NEW

You can look for our next newsletters in October (2019) and in April (2020) as we move to a twice-yearly format.

Interested in lawn bowling? L'ARSE members are invited to try this activity at the Pointe-Claire Lawn Bowling Club. Curious members could visit on a Wednesday or Friday morning. Please contact me if you would like to give lawn bowling a try.

Janice Tessier Murray, President
Janicetessier@hotmail.com

L'ARSE is a non-profit corporation whose sole mission is to foster friendship and mutual support amongst school board retirees. Eligible for membership are retired teachers, support staff and administrators. We are a registered not-for-profit corporation formed under Part III of the Companies Act (RSQ ch. C-38, section 218) holding letters patent under the registry/ matricule # 1149265325.

Community Volunteers

“The world is hugged by the faithful arms of volunteers.” — Everet Mámor

Twelve years ago, **Pam Greevy’s** mom developed breast cancer and required treatments downtown. Pam was teaching full-time and turned to the volunteer drivers of NOVA (formerly the Victorian Order of Nurses) to transport her mother. The NOVA nurses also visited with and helped her mom. At that point, Pam decided that, upon retirement, she would pay the kindness back. For the past six years, Pam has volunteered at the NOVA thrift shop in Beaufort Village, one of four in the region and the only one selling furniture. She serves customers one day a week (and replaces when she can) and takes great pride in the fact that all profits go to support the many services offered by NOVA.

When looking to volunteer for community service, **Norm Horner** recalled how helpful Welcome Hall had been to the families of his students at Royal Arthur School in the early seventies. Norm has been volunteering at Welcome Hall Mission in St. Henri for three years now, working at Le Marché. What used to be their food bank has been transformed into a grocery store setting, with volunteers acting as employees for the clients. Many of his fellow volunteers are also retired teachers. Norm also volunteers one afternoon a week at Riverdale High School where the Resource Department matched him with a Secondary One student with whom he stills works as an academic coach in secondary III history. The two have become good friends.

Nick Barker took over the family history file from his dad when he died, and has spent the last fifteen years delving deep into his genealogical roots. On retirement, he joined the Québec Family History Society, a registered charitable organization and is now volunteering there in two capacities: he keeps the computers up and running as smoothly as possible and he is the editor of the QFHS journal, *Connections*, a print magazine issued three times a year. “We have

...continued on page 4



Québec Family History Society volunteers examine one of thousands of records on file at the new QFHS heritage centre, located at 153 Ste-Anne Street in Ste-Anne-de-Bellevue. Seen here are (L to R) Jackie Bilingham, Nick Barker and President Gary Schroder.

4.

...continued from page 3

just recently moved into our new home-the Simon Fraser House on Ste. Anne St., Ste.-Anne-de-Bellevue. This heritage building suits us perfectly and all are welcome to visit us!" More info at www.gfhs.ca.

"We don't need another senior home in Beaconsfield' said some residents, but then we knocked on doors, collected signatures and helped Villa Beaurepaire happen", recounts **Brenda Henry**. V.B. is a 55 and up non-profit independent living residence in the heart of Beaurepaire Village. Brenda began volunteering there five years ago when her favorite senior neighbour sold her house and moved to the villa. "She still has my house key". Brenda serves lunch, builds relationships with residents and learns life lessons from residents with backgrounds from all levels of society including a professional artist, a bridge architect, a clothing designer, a social worker and a teacher. Some residents had moved from halfway across Canada to be near to their children.

"My REAL job, the part I love, is listening to the residents' stories, learning about roads taken, not taken, having breakfast with my 94-year-old friend, taking her to the library, but the best thing about my volunteer job? I made a whack of new friends. Smart friends. Cool friends," says Brenda, likening the role to her former profession of high school teacher.

Phil Henry has volunteered for the last 15 years at the Philip Layton School for blind children. Initially he was spending half the morning out in a class room and the other half in the swimming pool. "Many of the kids have multiple handicaps and this, of course, necessitates one-on-one supervision as well as therapeutic movements. Many of the kids are also non-verbal. After working with the same kids for many years, one develops a close bond. On land, some children with special needs can hardly move, but in water, they swim "like fish" About five years ago, the school moved to the MacKay Center and shared that building with the MacKay School. This past fall, a new school was completed on Terrebonne Avenue and the pool is not yet finished.

Two afternoons a week **Ken Elliott** volunteers as a "wayfinder" at the Royal Victoria Hospital (the Glen). He stations himself at either the main entrance on the main floor or at the Metro level and watches as people flock in, mostly for clinical appointments, blood tests or visits. As so many are confused about the location of their appointments, Ken is kept busy giving them directions, or taking them there if they have trouble grasping his instructions.

"My years as a teacher and administrator taught me that most people can only absorb simple and clear directions, especially when they are anxious, hurting or unhappy. After all, hospital visits aren't everyone's idea of a good time. Patients are very grateful, and often, as they leave, they stop for a "thank you" or a chat. They're happier when they leave than when they first come!" Ken also does other volunteer activities. Once a week or so, at the request of Amnesty International he writes letters to high-ranking politicians and authorities to plead for the rights of political prisoners, activists, minorities, etc. in countries where human rights are not being respected. He also keeps his interest in science and technology alive by sitting on the board of governors of Pearson Electrotechnology Center and Educational Alliance for Science and Technology (science fairs and robotics). In general Ken finds voluntary activities to be very fulfilling and enjoyable. "The 'paycheck' is the thanks I get and the fun of talking to so many strangers."

Congratulations and thanks to all of these L'ARSE members for their outstanding volunteer contributions. We would love to hear from others who would like to share their volunteering experiences. Please contact me.

P.S. I will happily buy a glass of wine or a beer for the first person to tell me about who Everet Mámor is/was!

Bryden Murray — bryden.murray@sympatico.ca

INTEREST GROUPS

Interest Groups Editor:
Pam Greevy pgreevy@hotmail.com

5.



Book Club I

The Original Book Club

Our April book was a novel based on the real-life scandal of the Duplessis Orphans in 1950's Quebec. In *The Home for Unwanted Girls*, by Joanna Goodman, Maggie's English father has ambitions for his daughter that don't include marriage to the poor French boy on the next farm, so when she becomes pregnant by him at the age of fifteen, her parents force her to give up baby Elodie for adoption. Elodie is raised in Quebec's impoverished orphanage system. It's a tough enough existence, but it becomes much worse when Elodie, along with thousands of other orphans in Quebec, is declared mentally ill as the result of a new law that provided more federal funding to psychiatric hospitals than to orphanages. Elodie survives brutal treatment and, at seventeen, is thrust out into an alien world. As time passes, the stories of the two women intertwine but never touch until Maggie decides she must go in search of her long-lost daughter.

We're winding up our year with a murder mystery. *The Dry*, by Jane Harper, takes place in Kierwarra, Australia, a small farming community suffering from a prolonged drought. Aaron Falk, a federal officer, reluctantly returns to Kierwarra to attend the funeral of his former best friend, Luke Hadler. It appears that Luke, in danger of losing his farm because of the parched conditions, committed a murder-suicide, killing his wife and son before taking his own life. Falk intends to spend only twenty-four hours in the town that drove him away years ago, but Luke's parents ask him to find out what really happened to their son and his family. Falk teams up with the local sergeant and together they begin to uncover secrets and lies that dredge up the past, eventually putting not only Falk, but the entire community at risk. It's been a good year, with a wide variety of books. During the summer, we'll be reading whatever we please, hopefully coming across some winners for our planning meeting in September.

Susan Somerville - 514-697-9709 - susansomerville8@sympatico.ca

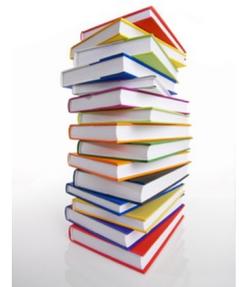
Beaconsfield High School's Alumni Association invites 2008-09 staff members to attend the BHS Class of 2009 tenth grad anniversary Reunion on Saturday June 22, 2019, the biggest alumni event of the year. Please spread the word!

Even if you are unsure that you will be able to attend, or already know that you can't, please still forward us your feedback via updated emails so we can send any news updates. (alumni@beaconsfieldhighschool.ca OR wstockwell@sympatico.ca)

Book Club II

In March, we returned to our Canadian roots, and for some, Newfoundland roots, with the novel *Random Passage* by Bernice Morgan. It tells the story of our Newfoundland ancestors, set in colonial times, and how they came to inhabit such forbidding shores. We went forward in time to *The Baker's Daughter*, by Sarah McCoy, which moves back and forth from present day to WWII. A routine interview with a German baker and a reporter covering a Christmas story brings up memories of darker times and leads to forgiveness.

Our May selection was *Roar* by Cecelia Ahern, an Irish novelist. It is an imaginative story collection. Thanks to our hosts Lesley Pasquin, Jan and Bryden Murray and Marion McKinney. We will finish the year with *My Brilliant Friend* by Elena Ferrante. Information email: lesleypasquin@gmail.com



Casual Bridge Group



If you enjoy casual and social Bridge or would like to learn how to play Bridge, the L'ARSE Bridge Group could be the place for you. We play every second Wednesday. We rotate partners every four hands and usually play between twelve and sixteen hands on any given afternoon. We discuss bidding and conventions and generally have a lot of fun. Some of us are experienced and skillful players and, being educators, enjoy sharing that with the relative newcomers amongst us. We all enjoy the camaraderie and ambiance.

Normally, we play at the lovely home of our wonderful hostess Lorraine Pawlusiak and her husband, Ed. Lorraine also crochets blankets for the homeless and always welcomes donations of wool. When Lorraine is out of town, we have been playing at the Golf Dome. We have many members but on any occasion are usually between eight and sixteen players. If you're interested, please contact Pam Greevy at pgreevy@hotmail.com. We'd love to have you!

L'ARSE DONATES...

Mike Kirk, from Icy Strait Point, in Alaska, reports: We collected \$125 for the Red Cross Flood Relief. Barbara Randle is the winner of the tax receipt.

Since January, 2014, our Loonie Group at breakfast has donated over \$1589 to West Island Community Shares.



Canasta

Our canasta/samba group plays every other Wednesday at The Cambridge, Pointe-Claire, in one of their game rooms, thanks to the help of one of our players who has recently moved there. When we were not able to play at The Cambridge once or twice, we were welcomed at Le Dome, in Kirkland. Between 12 and 18 players attend our games.

Canasta and samba are very entertaining card games that are within reach of anyone. Our group is very welcoming and always willing to teach new players.

If you would like to join us, please contact:

Robin Narsted - rmnarsted@yahoo.com

Tidbits

Tidbits is the title LarsEncore gives to the personal bio updates which appear in almost every issue. Our membership forms have always had a section for personal news which, we believe, our members are happy to read. Very few were submitted which led us to create the position of Tidbits Editor. That would be me!

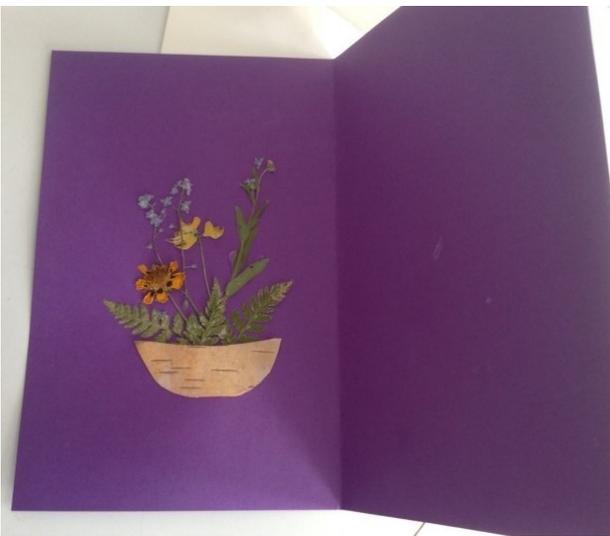
For several years I have been seeking out, researching and writing these tidbits. While I am happy to do so, the subjects of the articles will, naturally, be those with whom I am familiar or have been made aware of... somewhat restrictive.

I would like to remind our members that these tidbits were always intended for your access. If you have had interesting experiences in your life which you would be willing to share, we want to read them! If you have news about former colleagues, we want to read them!

You can write them up and submit them to me. You can also contact me and give me the information which I will happily write up and send back for you to edit.

This is your newsletter; your stories are of interest to us all!

Bryden Murray, Tidbits Editor 514-697-1527
bryden.murray@sympatico.ca



8.

Crafting Corner

Open invitation to all new retirees who want to explore creative arts or develop their skills in some artistic or "craft" projects. Also inviting those who are already LARSE members but are now becoming interested in some form of artistic expression for the first time. Join us for tea or just drop us a line. We are just amateurs but we like to share our project pictures with you. Michèle has been designing modern quilts with bright colours (teal and lime hexagons) and printing some fabric to donate a piece to the SAQA auction (STUDIO ART QUILT ASSOCIATES - Dove and feathering WIP).



Claudia has been knitting the most-lovely socks for her family. And, of course, Brenda has made gorgeous traditional quilts and table runner (cats and squares). We also got together for tea so that Michèle could teach us some English Paper Piecing technique with these tiny hexagon shapes and she has been teaching her four-year-old Caleb to sew!

What about your grandchildren?

All our retirees with a "creative" interest are invited to join us as we dabble in arts, crafts and any type of imagined upcycling. Time to let go of our obligations and finally just play, explore and be amateur artists. In our little self-teaching group, Claudia has guided us in creating with dried flowers, an interest sparked by one of her aunts long ago. Michèle produced this teal-based card from the materials Claudia had provided and demonstrated in these pictures available in our web-based edition. One of the vintage metal cookie sheets on which the dried flowers were laid out triggered some curiosity in our resident fabric printer, Michèle, who absolutely had to try printing the embossed pattern onto this bright green substrate. Not elegant but definitely original! Michèle also made a new woodgrain print pattern on yellow fabric: to be continued. Brenda, meanwhile, was busy sewing three gorgeous quilts that were shown at a recent local quilt show. Beautiful work Brenda! Finally, Claudia has been specializing in tiny knitting for dolls and one cutie grandchild - the best dressed little people in our tribe. Feeling inspired? Contact us anytime:

fitzgeraldmb@sympatico.ca





9.



10.



Two of our bridge club members, John McDonough and Rick Jones, on their way to making their bid of seven no trump - the bridge equivalent of a hole-in-one. Congratulations!

From: Karen Bray

Subject: Used eye glasses

It was announced at a teachers' lunch earlier this year that you could donate used eye glasses to an optician's store but I forget which store. Who would know? Karen

Hi: Lion Doug Noel from the Lions Club. If you could tell where you are located, I could direct you to the nearest drop-off point, or call me at 514-631-8225.
email: bernice20.doug12@gmail.com.



Lise Chartier is a researcher who is documenting the history of schools on Ile Perrot as the town plans its 350th anniversary in two years' time. She would love to talk to anyone who worked or studied at Vivian Graham School or who might know anything about the Central Macdonald Protestant School, particularly between 1949 and 1970.

If you are able to help Ms. Chartier, you can reach her at 514-453-5284 or at chartier.lise@hotmail.com.

GOLF REPORT



Monday is golf day for L'ARSE. The Golf Group concluded its winter indoor season of virtual golf games at Golf Dorion at the end of April. Many thanks to Mike Kirk for organizing all the games!

The summer season began on May 6 and will finish on October 28. We aim to play every Monday which is not a holiday. We rotate between 18 hole outings, 9 hole outings and outings where either 9 or 18 holes options are available. We play a variety of courses.

The only game not slated for a Monday is our annual School's Open Open held on the first day of the student school year...our celebration of retirement. This year that will be Friday, August 30.

Our members number over sixty. Some we see nearly every week, others we rarely see. Our aim is to provide opportunity rather than demand commitment. Our skill levels vary widely but we are universally welcoming. We have a lot of fun and would be delighted to have you join us.

If you would be interested, please contact either Russ Kelly at russk.547@gmail.com or Bryden Murray at bryden.murray@sympatico.ca.

Lifetime membership in L'ARSE is offered to those who have been members in good standing for 20 years or who have reached the age of 80. These are the current members of this distinguished group:

<i>Rosemary Angier</i>	<i>Benny Beattie</i>	<i>Lise Beaulieu</i>
<i>Ann Bonnell</i>	<i>Margaret Brownlee</i>	<i>Wayne Clifford</i>
<i>Ellen Cooke</i>	<i>Bill Cooke</i>	<i>Georgie Crawford</i>
<i>Vi Digby</i>	<i>Anne Marie Dollois</i>	<i>Ruth Giddy</i>
<i>George Grant</i>	<i>Hilary Hill</i>	<i>Maureen Howlett</i>
<i>Alan Jared</i>	<i>Alice LeCouvie</i>	<i>Steuart Levell</i>
<i>Sylvia Luxton</i>	<i>Alan MacMillan</i>	<i>Margaret McKee</i>
<i>Chand Mehta</i>	<i>Connie Middleton-Hope</i>	<i>Elizabeth Moore</i>
<i>Bruce Munro</i>	<i>Christine Munro</i>	<i>Barry O'Brien</i>
<i>Lise O'Brien</i>	<i>Lu Oosterhoff</i>	<i>Denise Ralet</i>
<i>Joanne Relton</i>	<i>Mary Rowan</i>	<i>Anneleen Szatmari</i>
<i>Ruth Toohey</i>	<i>Sherri Utter</i>	<i>Mickey Wernecke</i>
	<i>Fran Wright-Léger</i>	

12.

Cross-Country Skiing

This past winter was extremely challenging for cross-country skiers. Mother Nature would bless us with generous amounts of powdery snow which would be followed by rain, freezing rain and sub-zero temperatures. Not a good combination to create perfect ski conditions. One of the organizers, Colin Legault, did manage to organize seven outings to Bois de Liesse. Unfortunately, very few skiers joined him, possibly due to busy schedules or an aversion to frigid temperatures. The other two organizers, Jim Kyle and myself, spent our winter downhill skiing in the Laurentians in extremely cold temperatures but excellent conditions. Needless to say, the upcoming warm weather will be a welcome change and help us all recharge our batteries.



In the Fall L'ARSE Bulletin people will be asked to indicate via email if they would like to join the group. The plan is to invite skiers once a week to ski locally: Bois de Liesse, Cap St. Jacques, and Ile Bizard. The group is made up of people of all ages and skill levels.

We wish you a warm, relaxing summer and hope to see you on the trails in the winter. Mary Anne Bindner [mabindner2@gmail.com]; Colin Legault [legaultcj@gmail.com] or Jim Kyle [james-kyle@hotmail.com].

TREKKER'S WORLD



On Monday May 27th we enjoyed a good lunch and Two Presentations at Duke and Devine's Pub (upstairs) in Beaurepaire Village -- one with Mary Anne Bindner and Caroline Woolrich, and another with Bob Morrison.

Bob's journey took us to Belgium to visit the oldest printing shop in the world, then to Copenhagen to see the "Little Mermaid". Oslo was the next stop to see the 200-plus astonishing statues in Vigeland Park dedicated to the Circle of Life. Then, the Kiel Canal to Hamburg and a visit to the Neuengamme concentration camp and finally a boat ride down the canals of Amsterdam.

Caroline and Mary Anne hiked Machu Picchu together with Wild Women Expeditions and lived to tell us the story. They also had stories about the guided tour of the upper Amazon and some time they spent in Lima, all of which they have offered to share with us.

Whether you are an armchair traveller, just reminiscing over a similar trip you took, or are thinking of travelling somewhere and want some input as to where, come and enjoy a little travel escape with us, and guests like Mary Anne, Caroline, and Bob.

Don't forget that you can come early and partake of a menu that Duke & Devine's will have put together for us. More info: contact either Danny at abergel@yahoo.com ; or Mickey at hbwernecke@aol.com .



Cyclopaths

Spring into action

The late Spring which followed what seemed like another interminable, icy, winter has resulted in a late start (April 23rd) with 13 enthusiastic returnees. This group of cyclists, which chose the name Cyclopaths a few years ago, has averaged around 12-16 participants and engages in trips weekly on Tuesdays usually until about mid-November as weather permits.

E-mail notifications of forthcoming trips usually appear on a preceding Sunday or Monday, based on weather forecasts and distances usually vary from 15 to 50 kilometers, gradually working up to the longer trips over time. We encourage members to wear a helmet and a reflective safety vest (more available) to help us keep track of our participants when in more populated areas and have vehicles notice us when we do share certain access roads.. We do try to use many of the bike paths available, some of which take us to vistas and sectors unattainable by car. We sometimes use cars with bike racks and ecologically share rides departing from varied locations enabling us to experience a wide choice of settings.

Our group maintains a reasonably leisurely pace allowing for conversation and enjoyment. We usually suggest that participants pack a small lunch and ensure that their bikes are in decent condition with properly inflated tires etc.

We encourage new retirees to join us and welcome suggestions of potential new routes from our membership. To catch a glimpse of our group and our trips, have a look at Cyclopaths in the Interest Groups postings on the LARSE Website sidebar.

In recent years, we have attempted to share the leadership of the group so that it becomes a team approach but I can be the initial contact for new members as a pre-millennial member of this enjoyable group. 1998 in our Cyclopaths new email address denotes the year we started the cycling group then led by Hanns Wernecke who enjoined our group with some of his Vanier College colleagues. Hanns passed away last summer.

Wayne Clifford, group coordinator.

Call or email Wayne Clifford (514-697-8802) to help you get started.<cyclopaths1998@gmail.com>

Wednesday Trivia

Trivia Night is a fundraiser for the Mark Bernotas Foundation. This is a monthly event, second Wednesday of the month, held at Le Club Dome in Kirkland. For those of you who enjoy light hearted trivia, this is the spot for you. Most attendees are educators and many are L'ARSE members.

Come and renew acquaintances with old friends and start new ones! The price is \$10 for entry plus 1 raffle ticket. Raffle with door prizes as well. The event begins around 5 pm. Form a team or join with the vets on site.

Tania Kinsella
kinsellatd@gmail.com

14.

L'ARSE MEMBERSHIP FORM

Regular Member

L'ARSE (L'Association of Retired School Employees) is open to any retiree from any educational institution and the spouse/partner of the retiree.

Name of Retiree _____ Retired from _____
(location)

If you wish to include your spouse/partner in your membership,
please enter their name/e-mail address here:

Spouse/Partner name: _____ e-mail: _____

Associate Member

Subject to available space, L'ARSE is also open to people who wish to participate in a L'ARSE-sponsored activity*.

Name _____

* * * * *

E-mail address _____ Phone # _____

Street address _____

Town _____ Postal Code _____

Please send a **cheque for \$10 per person, payable to L'ARSE** (one-year membership) to:

Lois Maeder-Alves, 63 Devon Road, Baie d'Urfé, QC H9X 2W7

* * * * *

The **LarsEncore newsletter**, issued 3 times a year, outlines the many and diverse activities available through our Association. It also highlights the activities of individual members. Articles highlighting members' travels, other activities or items of interest are most welcome!

The newsletter will be sent electronically, unless you prefer a copy by mail.

I wish to receive my copy of LarsEncore via Canada Post: _____

*Your personal contact information will be held in confidence by the Membership Chair, and shared only with L'ARSE activity leaders and executive members, as required. If you wish your contact information to be held ONLY by the Membership Chair, please check this box.

Signature Date

